

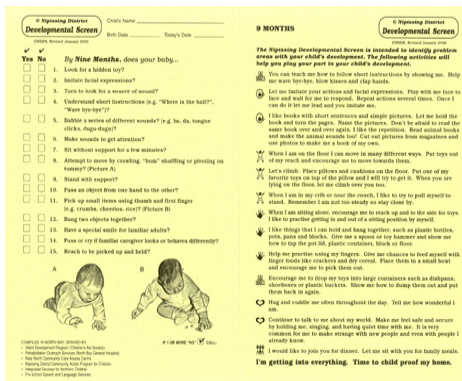
Dear Parent:

The Healthy Babies Healthy Children Program is pleased to work with your School Board in providing the **Nipissing District Developmental Screen** for your child. The Screen is easy to use and will help you identify any possible concerns in your child's growth and development.

The "Nipissing Screen" describes a child's skills in various areas including vision, hearing, speech, language, communication, social/emotional and self-help. The Screen is accompanied with suggestions of activities that help your child to grow and develop.

How to use the "Nipissing Screen":

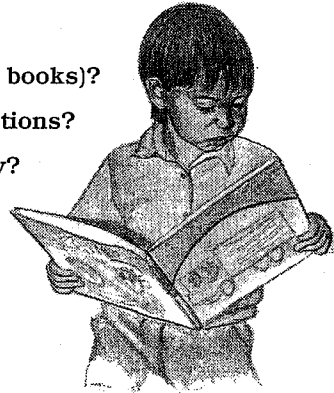
1. Please make sure that you have the Nipissing Screen for the present age of your child.
2. Please fill in the Screen and try some of the activities suggested on the right side of the sheet.
3. If there are **two or more "no" ✓ check marks**, please contact the *Healthy Children Info Line* at **883-2245**. A Public Health Nurse will help you with the results of your observations on the Screen and will suggest services, if needed.
4. You may want to discuss the Nipissing District Developmental Screen with your child's teacher who can assist you with Early Identification information for your child.




The Healthy Babies Healthy Children (HBHC) Program is a free and voluntary program for pregnant women and families with children up to the age of six. The Healthy Babies Healthy Children Program helps answer parents' questions and concerns, and helps families get in touch with community programs and services. For more information on the Healthy Babies Healthy Children Program, please call the Healthy Children Info Line at 883-2245.

The Nipissing District Developmental Screen™ is a checklist designed to help monitor your child's development.

- | ✓ | ✓ | Yes | No | |
|---|---|--------------------------|--------------------------|---|
| | | <input type="checkbox"/> | <input type="checkbox"/> | 1. Speak clearly enough to be understood most of the time by family? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 2. Understand two step directions (e.g. "Pick up your shoes and put them in the closet")? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 3. Speak in two to five word sentences (e.g. "I go home now")? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 4. Correctly say the words - my, home, pie, hop, bee, bib, no, man, one? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 5. Understand and use some describing words like big, dirty, wet, hot? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 6. Walk up the stairs/steps using the handrail? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 7. Stand on one foot briefly? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 8. Throw a ball forward at least one metre (three feet)? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 9. Twist lids off jars or turn knobs? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 10. Turn the pages of a book one at a time? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 11. Play make-believe games with actions and words? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 12. Dress or undress with help?* |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 13. Share some of the time (e.g. toys, books)? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 14. Show affection with words and actions? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 15. Play alongside others comfortably? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 16. Cooperate with parent's request half of the time? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 17. Listen to music or stories for 5 to 10 minutes with you? |
| | | <input type="checkbox"/> | <input type="checkbox"/> | 18. Greet friends and familiar adults when reminded? |



Note: It is recommended that all children by this age have a vision, hearing and dental checkup. Ask your family doctor or public health unit where these services are available in your community.

** item may not be common to all cultures*

3 YEARS
Always talk to your health care or child care professional if you have any questions about your child's development or well being. See reverse side for instructions, limitation of liability, and product license.

ACTIVITIES FOR YOUR CHILD...

- ♥ Emotional ✎ Fine Muscle ✎ Large Muscle 🧠 Learning/Thinking
- 👤 Self-Help 🧑 Social 🗣️ Speech/Language

The following activities will help you play your part in your child's development.

- 👤 Books are some of my favorite things. Read to me often throughout the day. Make it part of our daily routine by setting aside a special time. Choose books that are colourful and interesting to me.
- 📖 Silly games make me laugh. Make cards using simple magazine pictures. Add something that does not belong like a girl with a moustache or a fish with legs. Giggle with me as we talk about what's funny.
- 👤 I enjoy guessing games. Place some familiar objects on the table and we can take turns describing them. For example "Show me something we use to brush our hair". Sometimes make it silly so we can laugh.
- 👤 We can play by making a line on the floor with a rope or masking tape. We can lie, stand, walk, run, gallop on or jump over the line.
- 👤 Let's play ball! Encourage me to throw and catch a ball, hit a ball with a bat or racket, or kick a ball at a target. We can hold a beach ball between us using different parts of our bodies (elbows, legs, hands, knees, feet, etc.).
- 📖 I like sorting objects. Give me an empty egg carton where I can put different objects into the cups. Things like buttons, different coloured objects, shapes, and rocks are fun to sort.
- 👤 Encourage me to create with LEGO, puzzles, play dough, nesting toys, peg boards, beads and blocks.
- 📖 I enjoy surprises. Let's hide different objects in a box or bag for a game of touch and tell. We can take turns feeling the objects and describing what's in the bag. Pull them out to see if we were right.
- 👤 Encourage me to do things by myself to help me become independent. It is important for me to be able to get dressed and undressed, wash myself, and help to clean up. I'm learning about responsibility.
- 👤 I like to play with other children but sometimes I need help to take turns, share and co-operate.
- 👤 We can be whomever we want or do what ever we want when we play make believe. Let's pretend to go camping, play astronaut, firefighter or dancer, etc.
- ♥ I may be afraid of things that didn't bother me before. My fears are real to me so help me to feel safe.

I have lots of energy and need space to run, climb, pull a wagon and ride a tricycle.

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INSTRUCTIONS FOR THE NIPISSING DISTRICT DEVELOPMENTAL SCREEN™

The Nipissing District Developmental Screen™ (NDDS™) is a tool designed to provide an easy-to-use method of recording the development and progress of infants and children. The areas of development covered by the Screen Forms include vision, hearing, communication (note: the language items refer to the child's ability in his/her first language), gross and fine motor, cognitive, social/emotional, and self-help. The Screens coincide with immunization schedules as well as key developmental stages up to age six. The ages are noted at the top of each Screen. The child's chronological age will determine which Screen to use. If the child falls between two ages, use the earlier Screen (e.g. for a 4 1/2 year old use the Screen for a 4 year old).

The skills in each Screen are expected to be mastered by most children by the age shown. **If two or more "No" responses are marked a referral to a health care and/or child care professional is recommended.** While the NDDS™ was designed to be completed by a parent or caregiver, the Screen Forms are not meant to be a substitute for professional advice, assessment and/or treatment from a health care and/or child care professional.

Parents should always talk to their health care and/or child care professional if they have questions or concerns about their child's development or well being.

Additional information is available on our website. Visit us at www.ndds.ca.

ACTIVITIES FOR YOUR BABY/CHILD

The "Activities for Your Baby/Child" section of the Screen Forms is intended to provide parents and other caregivers with some information and activities to enhance their infant's/child's development. Each activity is coded with an icon to represent a primary area of development. **If parents have questions or concerns about the appropriateness of any activity for their infant/child they should contact a health care or child care professional.**

LIMITATION OF LIABILITY

Nipissing District Developmental Screen™ (NDDS™) has created and provides the Screen Forms to assist parents, health care and child care professionals (users) with a convenient and easy to use method of recording the development and progress of infants and children within certain age groupings.

The Screen Forms are not meant to be a substitute for the advice and/or treatment of health care and child care professionals trained to properly and professionally assess the development and progress of infants and children. As such, the Screen Forms are not intended or designed to be "do it yourself" substitutes for proper and professional advice and/or treatment.

Although the Screen forms may help users to determine when they need to seek out the advice and/or treatment of health care and child care professionals, it must be clearly understood by users that the Screen Forms can not substitute for the advice and/or treatment of health care and child care professionals.

Users of the screen forms should consult with competent health care and child care professionals for advice and/or treatment respecting specific children and their particular needs.

Users should bear in mind the following when using the Screen Forms:

- (i) The needs of each infant/child are unique. Each infant/child will develop differently and as such, any perceived limitations in development must be reviewed by a health care and/or child care professional to be properly assessed;
- (ii) While every effort has been made to make the Screen Forms as culturally, economically and geographically neutral as possible, it must be understood by users that they may still reflect some cultural, economic or geographic prejudices. As such, these prejudices may affect a specific infant's/child's results in a Screen Form without actually reflecting a developmental limitation. Again, users should contact a health care and/or child care professional to review the needs of an individual infant/child;
- (iii) The Screen Forms cannot contain every possible indicator of developmental limitations or goals to be met. As such, the Screen Forms are not designed for and should not be used to diagnose or treat perceived developmental limitations or other health needs.

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- (ii) When a Screen Form page has been used for an individual infant the completed Screen Form page may be copied for archival purposes only, or in order to provide a copy to a health care and child care professional in order to assist in the advice or treatment given by the recipient professional for the individual infant/child;
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- (iv) The user shall not modify the Screen Forms, either in whole or in part, and shall not remove any of the trademarks, trade names or copyright notices of Nipissing™ from the Screen Forms, either in whole or in part;
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