



**ACCESSIBILITY:**

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**Sample Epilepsy/Seizure Student Plan Of Care**

| Epilepsy Plan of Care Alert - Draft   |  |   |               |        |           |
|---|--|---|---------------|--------|-----------|
| Student Name  | OEN  | Board ID #  | Grade         | DOB    |           |
|   | School Family  |   |               |        |           |
| School  |  |   |               |        |           |
| Additional Contact Information  |  |   |               |        |           |
| Created By  | Created  | Last Edit By  | Last Edited   | Status | Finalized |
|   |  |   |               | Draft  |           |
| <b>EMERGENCY MEDICATION</b>   |  |   |               |        |           |
| Yes <input type="radio"/> No <input type="radio"/> Has an emergency rescue medication been prescribed?                  |  |   |               |        |           |
| <b>KNOWN SEIZURE TRIGGERS</b>   |  |   |               |        |           |
| CHECK ALL THOSE THAT APPLY  |  |   |               |        |           |
| <input type="checkbox"/> Stress   | <input type="checkbox"/> Menstrual Cycle             | <input type="checkbox"/> Inactivity   |               |        |           |
| <input type="checkbox"/> Changes In Diet  | <input type="checkbox"/> Lack of Sleep               | <input type="checkbox"/> Electronic Stimulation (TV, Videos, Florescent Lights) |               |        |           |
| <input type="checkbox"/> Illness  | <input type="checkbox"/> Improper Medication Balance | <input type="checkbox"/> Change in Weather                                      |               |        |           |
| <input type="checkbox"/> Other  |  |   |               |        |           |
| Any Other Medical Condition Or Allergy?   |  |   |               |        |           |
|   |  |   |               |        |           |
| <b>DAILY/ROUTINE EPILEPSY MANAGEMENT</b>  |  |   |               |        |           |
| <b>DESCRIPTION OF SEIZURE (NON-CONVULSIVE)</b>  |  |   | <b>ACTION</b> |        |           |
|   |  |   |               |        |           |
| <b>DESCRIPTION OF SEIZURE (CONVULSIVE)</b>  |  |   | <b>ACTION</b> |        |           |
|   |  |   |               |        |           |
| <b>SEIZURE MANAGEMENT</b>   |  |   |               |        |           |
| <b>Note: It is possible for a student to have more than one seizure type. Record information for each seizure type.</b> |  |   |               |        |           |



| Seizure Type  | Actions to take during Seizure | Frequency of seizure activity | Typical seizure duration |
|---|--------------------------------|-------------------------------|--------------------------|
| <b>BASIC FIRST AID: CARE AND COMFORT</b>  |                                |                               |                          |
| First aid procedure(s):   |                                |                               |                          |
| Does student need to leave classroom after a seizure? Yes <input type="radio"/> No <input type="radio"/>  |                                |                               |                          |
| If yes, describe process for returning student to classroom:  |                                |                               |                          |
| <b>BASIC SEIZURE FIRST AID</b>  |                                |                               |                          |
| <ul style="list-style-type: none"> <li>- Stay calm and track time and duration of seizure</li> <li>- Keep student safe</li> <li>- Do not restrain or interfere with student's movements</li> <li>- Do not put anything in student's mouth</li> <li>- Stay with student until fully conscious</li> </ul> |                                |                               |                          |
| <b>FOR TONIC-CLONIC SEIZURE:</b>  |                                |                               |                          |
| <ul style="list-style-type: none"> <li>- Protect student's head</li> <li>- Keep airway open/watch breathing</li> <li>- Turn student on side</li> </ul>  |                                |                               |                          |
| <b>IDENTIFICATION AND EMERGENCY TREATMENT PLAN</b>  |                                |                               |                          |
| <b>Identification of Symptoms:</b>  |                                |                               |                          |
|   |                                |                               |                          |
| <b>EMERGENCY TREATMENT PLAN:</b>  |                                |                               |                          |
|   |                                |                               |                          |
| <b>When to call 911:</b>  |                                |                               |                          |
|   |                                |                               |                          |
| <b>When to call home:</b>   |                                |                               |                          |
|   |                                |                               |                          |



| AUTHORIZATION/PLAN REVIEW   |   |               |
|---|---|---------------|
| STAFF MEMBERS WITH WHOM THIS PLAN OF CARE IS TO BE SHARED   | OTHER INDIVIDUALS WITH WHOM THIS PLAN OF CARE IS TO BE SHARED |               |
|   |   |               |
| <b>Other Individuals To Be Contacted Regarding Plan Of Care:</b>  |   |               |
| Before-School Program Yes <input type="radio"/> No <input type="radio"/>  | School Bus Driver/Route _____<br># (If Applicable) _____      |               |
| After-School Program Yes <input type="radio"/> No <input type="radio"/>   | Other: _____  |               |
| <p>This plan remains in effect for the school year without change and will be reviewed on or before: .</p> <p>It is the parent(s)/guardian(s)/student 18+ responsibility to notify the principal if there is a need to change the Plan of Care during the school year.</p> <p>The following will be shared with appropriate school staff and others, and/or posted:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Student Plan of Care - on file in Office and with Classroom Teacher</li> <li><input type="checkbox"/> Identification and Emergency Treatment Plan - posted in classroom</li> <li><input type="checkbox"/> Identification and Emergency Treatment Plan (STSWR) - shared with Student Transportation Services of Waterloo (if applicable)</li> <li><input type="checkbox"/> At-a-Glance - posted in Staff Room(s); Health Room; First Aid Room; Office (as applicable)</li> </ul> |   |               |
| Parent(s)/Guardian(s)/Student 18+:  | _____<br>Signature  | _____<br>Date |
| Student Over 16:  | _____<br>Signature  | _____<br>Date |
| Principal:  | _____<br>Signature  | _____<br>Date |
| <p>This information is collected pursuant to s. 170 and s.265(1)i) of the Education Act, R.S.O. 1990, c. E-2 and s.28(2), 29, 30, 31, 32 and 33 of the Municipal Freedom of Information and Protection of Privacy Act, R.S.O. 1990, c. M-56 and the Personal Health Information Protection Act, 2004, S.O. 2004, c.3, Sch. A.</p> <p>If you have any questions regarding your child's personal information, please contact the Principal of your child's school.</p>  |   |               |