

## Summer Health & Safety Tips



### ***TO ALL ELEMENTARY SCHOOL STAFF:***

Reduce the risk of common injuries by adhering to some of the following:

1. During yard duty, keep an extra watch for students participating in soccer, basketball, footballs or other related sports in an effort to protect *everyone* on the playground from potential harm.
2. Please look ahead while walking on the school yard for potential trip hazards such as rocks, objects, debris etc.
3. Use school ladders or step ladders only as required and with the proper authorization.
4. During gym activities, slow down your pace to better ensure footing and traction.
5. Wear appropriate footwear for outdoor and indoor activities.
6. Hold on to handrails when walking up/down steps/ramps for increased safety.
7. Be cautious of stinging insects especially around waste containers.

#### ***“Tip”***

**Know the Ontario Physical Health Education Association  
(OPHEA) Guidelines for any sport activity.**

**<http://www.ophea.net/>**