



Waterloo Catholic  
District School Board

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## News Release

May 22, 2012  
For immediate release

# WCDSB to Host 2012 Canadian High School Powerlifting Championships

Waterloo Region, ON – The *Waterloo Catholic District Schools Board*, with support from the *Waterloo Region Catholic Schools Foundation* is pleased to partner with the *Canadian Powerlifting Federation* as host of the 2012 *Canadian High School Powerlifting Championships*.

The **registration deadline** is Friday, May 25, 2012 and the event takes place Friday, June 1, 2012

- WHAT:** 2012 Canadian High School Powerlifting Championships
- WHEN:** 9:00 a.m. -- Friday, June 1, 2012
- WHERE:** Resurrection Catholic Secondary School – 455 University Ave., W., Kitchener, ON
- DETAILS:** The championships are open to both women and men in the following age groupings: (13-15), (16-17), and (18-19). Competitors must be a currently registered high school student. Weight categories for men range from 52 kg to 140-plus kg. Categories for women range from 48 kg to 90-plus kg.

For more information and to download the registration package please visit:

[www.canadianpowerliftingfederation.com/](http://www.canadianpowerliftingfederation.com/). Click on “Meets”.

The Waterloo Catholic District School Board, representing more than 100,000 Catholic school supporters, operates 52 schools and five adult education facilities serving more than 40,000 elementary, secondary and continuing education students in Waterloo Region – continuing a 176-year tradition of quality, inclusive, faith-based education. Follow us on Twitter: **@WCDSBNewsire**.

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For more information, please contact:

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