

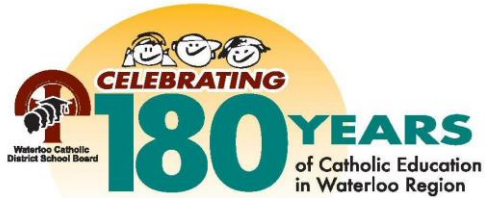


Waterloo Catholic  
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## News Release



June 8, 2017  
For immediate release

# Four WCDSB Schools Earn “Healthy Schools” Certifications

## Rigorous certification process rewards St. Benedict CSS, Resurrection CSS, St. Joseph CES and St. Michael CES

Waterloo Region, ON – Four *Waterloo Catholic District School Board* schools have been awarded “Healthy Schools” certifications by the *Ontario Physical and Health Education Association (OPHEA)*. The four schools are: *St. Benedict CSS* (Gold), *Resurrection CSS* (Silver), *St. Joseph CES* (Silver) and *St. Michael CES* (Silver).

### Quick Facts

- ✓ Healthy Schools certifications were awarded to 174 schools across Ontario, representing 41 of 72 school boards -- Gold (86), Silver (68) and Bronze (20).
- ✓ Participating schools across Ontario completed the 6-Step Healthy Schools Process, which aligns with the Ministry of Education’s *Foundations for a Healthy School* resource and the *Well-Being Strategy for Education*. This process guides a school community through planning and the implementation of a range of activities for a selected priority health topic. The process is annual, repeating each school year, and flexible for all communities across Ontario to sustain year over year.

### Related Links

#### [Provincial List of Certified “Healthy Schools”](#)

The Waterloo Catholic District School Board, representing more than 96,000 Catholic school supporters, operates 52 schools and five adult education facilities serving more than 40,000 elementary, secondary and continuing education students in Waterloo Region – continuing a 180-year tradition of quality, inclusive, faith-based education. Follow us on Twitter: [@WCDSBNewsWire](#) - [#WCDSBAwesome](#).

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