



Imagine Newsletter

A School Climate Approach to Bullying Prevention

Information for Parents

Issue # 7

School Involvement

Parent Involvement at School:

Your child benefits when you are involved in their education. Research shows that their marks and behaviour will improve when you "show up" as a concerned parent.

How can you get more involved?

- Read with your child, assist with a project, or help your child start a homework routine
- Help your child's teacher with a class project, such as crafts or artwork
- Go on a class field trip or offer to help in the library
- Be a guest in your child's class - share a skill like a craft, music, talk about your job, or read stories
- Attend meetings at school (including "Meet the Teacher" night and school council meetings)
- Ask school staff what you can do to help your child with their learning. Share any concerns you have.
- Find out about school events - look in the school newsletter, your child's agenda book, on a bulletin board
- Help organize an event or fundraising activity
- Listen to your child, and ask them how they would like you to get involved.
- Talk to other parents when you see them before or after school, at special events or at school council meetings.



- Offer to be a "phone tree" parent, calling other parents to inform them about upcoming events.

Your child's school is working on bullying prevention. What can you do?

- Read your school's newsletters to learn more about bullying and what your school is doing.
- Ask about classroom meetings and other ways your child's school is trying to prevent and deal with bullying behaviour.
- Talk to your child about how they feel at school. Do they feel safe? Do they feel accepted and included? Do they have an adult they can trust to talk to if something is wrong?
- Let the teacher or principal know if you feel your child is being bullied at school.
- When you watch TV, a video, or read a book together, talk with your child about how people treat each other. Look online at *Imagine* newsletter #9 for a complete listing of resources available for parents: www.region.waterloo.on.ca/bullying
- Follow the school rules of respect, caring and responsibility at home too! Encourage groups, sports teams, after school care, etc. to follow the same "rules"
- Check out: My Child's Education www.edu.gov.on.ca/abc123



For more information, contact Region of Waterloo Public Health 519-883-2003 ext. 5356

www.region.waterloo.on.ca/bullying