As support to the schools in the Imagine initiative, Region of Waterloo Public Health’s Bullying Prevention Project has created this newsletter that includes information updates and resources on bullying prevention that can be e-mailed to staff or posted in the staff room. A “parent version” on the same or related topic is also available and can be copied “as is” or cut and pasted into your school newsletter. In this way parents can be kept informed and motivated to address bullying behaviour at home and get involved with your school initiative.

This newsletter will highlight a Canadian website for the Promoting Relationships and Eliminating Violence Network (PREVNet), “a coalition of Canadians concerned about bullying.” It is designed to help increase Canadian awareness and understanding of bullying, provide assessment and intervention tools and promote policy that is associated with bullying. It offers information and evidence based materials to a broad audience, including teachers, parents, children, health professionals etc. It is exciting to see the Imagine… A School Without Bullying initiative being highlighted on this website as a PREVNet success story.

PREVNet encourages adults to focus on children’s relationships, as well as on the issue of bullying. In your classrooms, it will be important to assess the social dynamics of your students in order to understand the relationships they have with their peers. Insight into these relationships and social dynamics within the peer groups may contribute to, or alleviate bullying. By creating a positive safe classroom/school environment, students will develop and maintain healthy relationships with their peers and minimize bullying.

For more information, contact Region of Waterloo Public Health 519-883-2003 ext. 5356
Educators are encouraged to review the website http://prevnet.ca and look at the Toolkits. This is a sample of some downloadable fact sheets:

- Binoculars on Bullying: A New Solution to Protect and Connect Children
- Making A Difference in Bullying: What Teachers of Adolescent/Elementary/Young Children Need to Know
- Bullied Tip Sheet/ Bullying Tip Sheet/ for Adolescents/Elementary/Young Children
- Making A Difference: What Teachers of Adolescents/Elementary/Young People need to Know
- Teacher's Guide For Grades 4 to 6: Addressing Bullying from the Bystander's View

We wish you every success as you continue to work with peers, students and parents. Your work will provide them with the skills they need to help nurture happy, healthy children.