

Children who are Bystanders



- Bullying is an action that is done on purpose;
- One person has more power or strength over another;
- It is usually done more than once; and
- The action is not wanted by the child being bullied.

Who are Bystanders?



- Bystanders are people who are **present** when a bullying happens
- Bystanders can be children or adults

Facts about Bystanders



- 85% of bullying takes place in front of others
- when bystanders intervene they can stop that bullying incident

Why do people become Bystanders?



There are different reasons why children do not stop the bullying behaviour they see. Some reasons may be:

- they are afraid of being bullied themselves
- they want to go along with the popular group
- they are not sure how to help

Types of Bystanders



There are different types of bystanders such as:

Supporters- they support the bullying but do not take an active part

Passive Supporters-they enjoy watching the bullying but do not show support

Disengaged Onlookers- they watch the bullying but they do not care

Possible Defenders -they dislike the bullying and think they should help, but don't

Defenders - they dislike the bullying and try to help e.g. tell an adult

How to Help



Talk to children about ways they can become a "**Defender**". Some ideas are:

- understand how the child who is being bullied feels- this is building empathy
- feel safe in telling an adult about the bullying
- trust that an adult will do something to stop the bullying